

# University of Pretoria Yearbook 2021

## Biokinetics 721 (MBK 721)

**Qualification** Postgraduate

**Faculty** [Faculty of Health Sciences](#)

**Module credits** 25.00

**NQF Level** 08

**Programmes** [BScHons Biokinetics](#)

**Contact time** 1 practical per week, 2 lectures per week

**Language of tuition** Module is presented in English

**Department** Biokinetics and Sports Science

**Period of presentation** Year

### Module content

This module serves as the theoretical platform for students to acquire the knowledge and understanding of the role of the biokineticist in health promotion, the maintenance of physical abilities and final phase rehabilitation. This will be achieved by means of acquiring the knowledge and understanding of scientifically based assessment and physical activity programme prescription in healthy and special populations.

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